Engage your group in a discussion about goals. Use these questions as conversation starters:

- Why is it important to have goals in our lives?
- Agree or Disagree: To be a good leader, you must have goals?
- What is a goal you have for this year?
- What is an example of a goal someone involved in robotics might have this year?

Explain why goals are important in an individual and team setting. Consider this a starting point: By setting goals for ourselves, with a timeline and steps to get there, we get closer to making them a reality.

Explain to your group that they will organize the steps into three categories, based on how comfortable the different zones make them feel. Then they will each circle what they think their first step should be.

Start with these definitions of the zones:
- Comfort Zone: Something you know you can do or have done before.
- Low Risk Zone: Something you think you can do but is new.
- High Risk Zone: Something new that is beyond your current skill-set.

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Your Dreams
• What is your dream for this year?

Your Goals
• What is your goal for this year?
• What do you hope to accomplish?

What are some steps you can take to reach your goal?
• Write down a couple steps for each risk level, then circle what you think your first step should be.

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Low Risk Zone
Something you think you can do but is new:

High Risk Zone
Something new that is beyond your current skill-set: