

AM I FIT TO FLY?

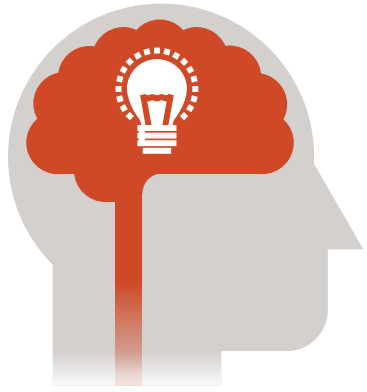
Focused

I am paying attention and not distracted.



Ready

I understand today's task or mission.



Calm

I am not rushed, frustrated, or overly excited.

Safe

I am following all safety rules and procedures.

Prepared

I have completed the pre-flight checklist.

Aware

The takeoff and landing zones are clear.



If the answer to any of these is **NO**, pause and fix the issue before flying.